

Youth Commission Minutes October 15, 2009

Attending: June David-Fors, Lori Mott, Sylvia Pabreza, Sandy Scott, Becca Haberman, also attending: Christina Doucette, Youth Liaison

A motion to open the meeting was made by Sandy Scott and seconded by Sylvia Pabreza.

Approval of Minutes: postponed until written minutes can be reviewed at next meeting.

Next Meeting: Our next meeting will be held Thursday November 19 at 7:00 p.m.

Youth Liaison Applications: Three applications were received - Holly Bisset, Suhayla Islam and Ellen Yang. A motion was made to include all three candidates as Youth Liaisons by Sylvia Pabreza and seconded by Sandy Scott. Motion passed. June and Becca will meet with the new youth liaisons prior to their first meeting.

Director's Report:

- John Coderre will attend our next meeting and will discuss how to organize a "Friends of" group for Family and Youth Services.
- Budget- insurance changes have saved the town close to 500K. Town and schools are working together closely to address the budget.
- Intern Updates: Clara Diebold, MS Intern, UMass Boston and Marie Wilsker, MSW Intern, Boston College, are both busy working in the schools. They are running two different social groups. They are working with another intern working through Southborough Youth & Family Services. Clara has 11 cases and has 12 clinical hours per week. Marie works 2 days per week.
- Recruitment Updates- Clinician Grant for 25K. Four applications have been received. Interviews are ongoing.
- There are two openings on the Youth Commission Board. All members are actively recruiting. Applications can be completed through Diane Wackell in the Town Administrator's office.

Grants:

- MetroWest Community Health Care Foundation Grant Update:

June has met with all elementary principals letting them know about the Childhood Obesity Planning Grant. Tammy, the consultant hired for the grant, is pulling together the information gathered last spring in the focus group. The goal with the original grant is to identify

problems and opportunities in Northborough related to combating childhood obesity. From this a strategic plan will be developed to make recommendations. A continuation grant is being offered through MetroWest to extend this grant. The purpose of the continuation funds is to implement programs and activities in the community based on the results of the needs assessment.

- Basic Health Needs Grant

- Other Business:
 - New Town website will be launched within the next month. Departments will be able to post updates and announcements. It was suggested that we connect with students who are interested in web design to volunteer.
 - Preventative curriculum is available for students in grades 4-6 regarding mental illness. June would like to learn more about this.

Lori Mott moved to adjourn meeting at 8:30 p.m. Sandy Scott seconded.